



For Contact



Affiliate Coach

Strategic | Achiever | Learner | Individualization | Ideation

Profile:

With over three decades in educational leadership and as a PCC certified ICF Coach, PCC Assessor and MCC applicant, my driving passion is to support and empower individuals to explore and comprehend their full potential. My innate strength in communication enables me to collaborate deeply with people, guiding them to curate compelling narratives and achieve lasting transformation.

My coaching philosophy is firmly anchored in a strength-based, values-driven approach, emphasising the profound importance of grit and determination in navigating life's transitions. This extensive understanding of human behavior allows me to help clients gain profound insights into their intrinsic motivations, ultimately guiding them to take intentional and meaningful action.

My background in literature and love for photography uniquely enriches my coaching practice, providing a distinctive ability to explore nuances in the interplay of light and dark, uncover subtext, and embrace diverse perspectives engaging dialogue and conversation. This ensures a truly comprehensive and insightful coaching experience, going beyond the surface to unlock a deeper understanding.

I specialise in empowering professionals seeking clarity and leaders committed to deepening their impact with authenticity and emotional intelligence. Clients who partner with me consistently gain renewed clarity, strategically aligned goals, and the unwavering confidence to move forward with purpose and conviction.

If you are seeking a trusted and insightful partner to guide you on your journey of growth, transformation, and self-discovery, I invite you to connect with me.

Certification & Education

- MCC applicant
- PCC Coach Assessor – International Coaching Federation
- Professional Certified Coach (PCC) – International Coaching Federation
- Mindfulness Practitioner – PositivePsychology.com
- Emotional Intelligence Practitioner – PositivePsychology.com
- Myers-Briggs STRONG Interest Inventory – The Myers-Briggs Company
- Certified Youth Resilience and Wellbeing Coach – Youth Coaching Institute, USA.

Education

- Master of Philosophy (MPhil) with Distinction, English Literature – Delhi University.
- Masters with Distinction, Advertising and Marketing – Bhartiya Vidya Bhavan Institute of Management Science.
- Masters, English Literature – Hindu College, University of Delhi.
- Bachelor's Degree, English Literature – Lady Shri Ram College for Women, University of Delhi.
- Certification in School Management and Leadership – Harvard University, USA.
- Certificate in Educational Technology COETAIL – University of Kentucky, USA.
- Certification in Cameras, Exposure and Photography – Michigan State University, USA.

Publications & Contribution

- Author of 'Colours of my Rainbow': A collection of stories about the struggle of marginalized students for an education. This work was notably released by The Hon. President of India Ms. Pratibha Patil (2011) and Mr. Aamir Khan (Bollywood Star).
- Research Papers on Education:
 - Singapore NT University (2015)
 - Hyderabad University (2010)
 - Academia.edu (2012)
- Consultant, Learning Links Foundation, India (4 years):
 - Authored a collection of short success stories for Intel.
 - Contributed to website development, stories about students and research papers for the foundation.

Certifications

