



# Victoria Tipper

## Senior Executive Coach & Wellbeing Consultant

### *Middle East & Europe*

**MAXIMIZER • POSITIVITY • EMPATHY • WOO • DEVELOPER**

#### PROFILE

Victoria is an Accredited Executive Coach, utilizing a holistic approach to high-performance coaching for both individuals and teams within organisations. She acts as a sounding board as clients explore what their best looks like and the best path to get there, facilitating their journey from good to great. Key focus areas concentrate on strengths-based coaching, managing mindset, enhancing resilience and maintaining wellbeing enabling clients to thrive in their roles, as well as in life. She believes that in order to achieve excellence her clients must maintain a life of balance, so building that bridge between life and work is essential.

This approach has stemmed from working in wellbeing before entering the world of coaching in 2015. Since that time, Victoria has coached many leaders and high performers within organisations to develop their talents and cultivate harmony and balance in their lives. Some of her previous clients include IBM, Majid Al Futtaim, PwC, Dubai Holding, Fitbit, Meraas, Goodyear, Lamprell and Abu Dhabi Terminals.

With a background in science and as a lifelong learner she enthusiastically shares the most current and up-to-date knowledge and theories with clients, as well as regularly contributing to articles and media appearances.

# Your Coach

PROPOSAL & AGREEMENT

## CERTIFICATIONS / QUALIFICATIONS

- Gallup Certified Strength Coach
- Professional Certified Coach – Mindbridge International
- EQ Certified Practitioner
- Master NLP Practitioner
- Member International Coach Federation (ICF) and Association for Coaching (AC)
- Bachelor of Science in Genetics
- Master of Science in Nutrition
- GAPS (Gut & Psychology Syndrome) Practitioner
- Introduction to Mindfulness in the Workplace Search Inside Yourself Leadership Institute (SIYLI)
- 2b Certified Performance Coach
- University of Cambridge
- Communicating for Influence and Impact

## LEADERS TRAINED IN EXECUTIVE COACHING

- CFO – WSP
- CFO Cognizant
- Managing Director – WSP
- HR director PWC
- Development Director Brookfield Management
- HR Director IBM
- General manager –Mott Macdonald
- Head of Business Development KOJ
- Head of Sales and Business Development at Chef Middle East
- Head of HR – Chef Middle East
- General Manager – IKEA
- Head of Delivery – Paydock
- Chief Security Officer – Paydock

## PROFESSIONAL & CORPORATE TEAM EXPERIENCE

- Al Futtaim – Executive Leadership Team
- Cognizant – Executive Leadership Team
- TP Bennett – Entire Organization
- Blush International – Entire Organization
- Pure Gym KSA – Executive Leadership Team
- AES International – Executive Leadership Team
- Kraft Heinz – Middle East Leadership Team
- Natixis – Senior Leadership Team
- Entertainer – Entire Organization
- Abu Dhabi Terminals – Entire Organization

OUR MISSION IN LIFE IS TO  
• HELP OTHERS SUCCEED •

