



For Contact



Executive Coach High-Performance Teams

Restorative | Responsibility | Ideation | Learner | Command

Profile:

Garrett is a High-Performance Executive Coach for individuals, leaders and teams. He specializes in developing winning tactics, strategy, culture and behaviors for ambitious organizations that want to accelerate from good to world class.

Garrett has an impressive background that brings a spine of unquestionable credibility to his work. He has lead international teams to the Olympic Games (Tokyo 2020) and Five World Championships navigating the micro and macro challenges of competing internationally at the most demanding level.

Garrett has been coaching at the individual and team level for over 30 years, has a deep background in education, is a Certified Performance Coach and is Accredited with the Association for Coaching.

Garrett brings a unique set of strengths to his process; he is a creative problem solver, deeply values-based and brings enormous gravitas and self-assurance to the leaders that he works with.

Garrett leverages his creative approach to support individuals and teams across all industries. His focus is on people and creating transformative learning experiences around what matters most.

Certifications/Qualifications

- Member of the Association for Coaching – Accredited Executive Coach
- Certified Performance Coach, 2b Limitless
- Gallup Global Strengths Coach
- Advanced Diploma in Sports Management, Rand Afrikaans University
- BA (Hons) History, University of the Witwatersrand